



# THE POST

THE LATEST NEWS FROM EMBRACE EQUINE MINISTRY

[www.embraceequineministry.org](http://www.embraceequineministry.org)

APRIL 2019

ISSUE NO. 2

## Upcoming Events

### MAY 2019

-Flower Pickup, May 10

### JUNE 2019

-Horse Camp, ages 7-12

### JULY 2019

-Horse Camp, ages 12-18

-FBEAP Certification Seminar by Unbridled Faith

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# Springing Forward

*By Samantha Means*

Our year as a ministry began much like the record breaking snow we received in February—we were delightedly overwhelmed with new plans and exciting changes. As spring is blooming to life, our preparation and plans are as well! From the re-creation of our logo (the cross over an E with wings), establishing new ways to specifically and strategically serve our community, to establishing a newsletter to keep you informed, our all-volunteer team has been busy! Here's what you can expect in 2019:

This month we're continuing our flower basket fundraiser. Whether you're hanging them at work or at home, 100% of the proceeds go to EMBRACE. We're running low! Get your order in before they run out and you can pick them up on May 10th. See page 3 for more information.

In June and July we're hosting our first EMBRACE Horse Day Camps! These 3-day camps are for kids ages 7-12 and 12-18. The cost of the camps operate as a fundraiser for future leadership training in 2020. You can get more information and sign up on our website by clicking on the "Horse Day Camp" button on the home page.

Perhaps the most exciting event we're hosting is happening on July 19, 20 and 21. Leadership from Unbridled Faith is coming to Rathdrum, Idaho to offer horse therapy certifications (FBEAP) to anyone in our area interested in receiving this incredible training. Key staff from our

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ministry is taking advantage of the training in order to operate with greater precision when serving those God had brought to our organization. Certifications are \$695-\$895 per person and do not expire.

Since EMBRACE's staff serves the community on an entirely volunteer basis, EMBRACE will be holding a fundraiser to help our session leaders receive their certifications. Our horse session leaders use their personal horses, their own tack, and funds toward feed, farrier and veterinary care to serve the community. The only compensation they receive is in the continuing of the ministry and seeing the lives of those we serve changed. The more help we receive from the community, the more of our session leaders can go back into the community and help those with PTSD, who are in recovery, sex trafficking victims, broken families, and more. Visit our website and click on the Equine Therapy button.

Every week, from March through November our mobile ministry serves the Union Gospel Mission Center for Women and Children and Daybreak Youth Services of Spokane. As we grow in volunteers and training new horse session leaders and craft leaders, we will bring our services to children in the emergency foster care system. Details about who and how this will happen will emerge in our May newsletter. We continue to do individual sessions on a case-by-case basis.

Finally, we wrap up our summer in September with an all staff cowgirl retreat in western Montana. Over the last several years a generous donor has offered his home to our team and our horses to rest, connect with one another, and worship. We're excited for what God is going to do this year! Thank you for all your support!

## GOLDEN MOMENT

“Walk, Trot... Whoa!”



Serenity | Shae | Renae Buck | 2019 © EMBRACE

*Each month the Post will feature a favored photo from one of our many horse sessions.*

# CURRENT NEEDS LIST

- Riding boots for participants; sizes 5-7 and 9-11
- Child saddle; regular horse tree, 13" seat (leather)
- PA system for fundraisers & events; \$500.00 | funds toward system
- High quality Digital SLR camera with video camera capabilities
- Funds toward cowboy Bibles (\$400 budget)



## Fundraiser Flower Sale!

We're selling hanging baskets for our ministry and 100% of the proceeds go directly to EMBRACE!

Order them quick before they're gone at  
[www.embraceequineministry.org](http://www.embraceequineministry.org)

Pick up is on selection on Friday, May 10th, 3:30 pm–6:30 pm

Pick up Location: 5058 N. Lancaster Rd. Hayden, ID



**\$35 each**

**YOU PICK your  
hanging basket!**

Make your order  
and pay online at  
[www.embraceequineministry.org](http://www.embraceequineministry.org)



Anahai | Shae | Colleen Ripatti | 2019 © EMBRACE

## ANAHAHAI'S TESTIMONY

"I would definitely recommend EMBRACE to a lot of people because it's so amazing to realize that you can have control over yourself but you can also have control over a horse. You have to connect with the horse in order to get the horse to do the things you want the horse to do. It's just an amazing feeling and connection. EMBRACE was really incredible. The women here made me feel so safe because, for me, I really need a mother figure. They sort of gave me that. They're so sweet, they always give you hugs. The whole experience was amazing seeing how horses connect to you, and they connect to God. You have a connection with God, similar to how the horses have a connection with you. It was just amazing."

Join us!  
 June 26th—28th  
 12noon—4pm  
 Open to 10 boys & girls ages 7-12



14651 N. Reflection Rd.  
 Rathdrum, ID 83858




## HORSE DAY CAMP

3 days you'll never forget...

**ONLY \$200!**

Expect quality horsemanship from camp counselors with more than 75 years of combined equine experience, including local horse training and riding instructors Renae Buck and Colleen Ripatti. Bring your own \*horse, a helmet and learn to ride like you never have before. We'll create fun crafts and make some great friends!

Details on our website: [www.embraceequineministry.org](http://www.embraceequineministry.org)

\*Lease options are available on a case-by-case basis for a \$100 donation

## EMBRACE BOARD & STAFF

PRESIDENT | Renae Buck  
 embraceequineministries@gmail.com

VICE PRESIDENT | Colleen Ripatti  
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MEDIA/MARKETING COORDINATOR |  
 Samantha Means | photo credit  
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# We'd Love You to Join Us!

Our mobile ministry is entirely run by an all-volunteer staff, and we'd love to have you join our team. We're looking for volunteers specifically on Tuesday and Thursday afternoons. Tuesday's we serve a youth at an inpatient drug rehabilitation facility from Spokane, and Thursdays we partner with the Union Gospel Mission Center for Women and Children in Coeur d'Alene. We provide the training so you can be as green as a newborn colt and as long as you're willing to learn and make the commitment we'll teach you everything you need to know!

If you want more information about our ministry, visit our website or give us a call. We'd love to talk with you!

embraceequineministry.org | 208-920-3422

### WHEN do we need you:

Thursdays, March—November 2019  
*Serving women from UGM*  
 11am—4:00pm

Tuesdays, March—November 2019  
*Serving youth in substance abuse recovery*  
 11am—4:00pm

### WHO are we looking for:

- 2 Horse Session Leaders
- 2 Craft Leaders, supplies & projects provided
- 2 Childcare wranglers, kids ages <1 to 4 years

Call our volunteer coordinator, Becca Ward: 208-920-3422  
 or fill out a Volunteer Application on our website!

*Volunteers Make the Difference*

## WE NEED YOU



EmbraceEquineMinistry  

# BECOMING PARTNERS

*Each month one of our staff will provide a horse training tip and reflection.*

## *Intentional Presence* | By Julie Behnke

Are there times your horse training sessions do not go as planned? You and your horse seem to be on completely different agendas during a training session. What do you do?

In any relationship we have to be present and really listen. Horsemanship is a two way street of learning. It's not a dictatorship. It's easy to push forward toward our goal on our timeline which causes the horse to brace and have increased tension, anxiety and fear.

When we allow impatience to get in the way of being connected with our horse, and our horse isn't ready to learn, we miss a critical element of partnership. Impatience may allow us to get the movements but the relationship and connection will suffer. You'll find this lack of relationship will likely rear its ugly head further down the road in training.

Horsemanship requires us to be present with the horse. We have to pay attention to the horse's slightest body language because that's how they communicate. Horsemanship is as much about us learning to be aware of what they're saying, as the horse is learning our way of communicating. This requires the horseman to be present in mind and body.

By being present and listening, we become partners and the horse works with us, rather than turning the horse against us by using force. A rebellious horse is never pretty. Being in the moment, listening to your horse, will bring fulfillment in your horsemanship rather than getting frustrated about where you were yesterday or where you should be tomorrow. The rewards of connection with the horse, being one with your horse, makes the ride a powerful experience.

It is so similar in our relationship with God. Except God doesn't have to learn who we are or how we communicate. He knew us before we were in the womb (Psalm 139:13; Jeremiah 1:5). He knows every nuance and every thought, but rather than take control he listens, oh so patiently. Only he knows what our purpose is and who he designed us to be. Be intentional to be present with God. Be patient and still to know your Father (Psalm 46:10). Don't jump ahead to your own agenda and timing. The rewards of being one with Jesus will be the ride of your life for eternity (John 17:21).

### Training Tip for the Month:

Spend an hour getting to know your horse. Pay attention to how they communicate. Notice the twitch of their ears, the flare of their nostrils, the twitch or flinch of their muscles under your hands, their eyes and how they change when they're grazing versus when you approach. How do they react when you put your hands on various parts of their body? Do they toss their head or drop it? Do they blow or paw the ground? Some of these could be signs of pain or discomfort or fear. Consider the benefits of a chiropractic or massage for your horse, especially in the change of seasons. Be honest about the current condition of your relationship with your horse and think of ways to make that relationship better by being intentionally present.