

JUNE 2019

ISSUE NO. 4

Upcoming Events

JUNE 2019

-Horse Camp Fundraiser, ages 7-12

JULY 2019

-Horse Camp Fundraiser, ages 12-18

-FBEAP Certification Seminar by Unbridled Faith; July 19-21 *See More on Page 3

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Kootenai County Blooms with Generosity

By Samantha Means



Flowers burst from their baskets in a kaleidoscope of color on the warm, spring afternoon of Friday, May 10th. EMBRACE staff hurried to customers who came to pick up their pre-ordered arrangements, and packed more than a dozen flower baskets into horse trailers and the backs of cars to deliver across counties.

After it was all said and done, the members of Kootenai and Spokane county donated more than \$1,810 by purchasing flower baskets from EMBRACE Equine Ministry.

Every year since its inception, our non-profit ministry has partnered with the VanWingerden Greenhouse in Spirit Lake, Idaho to provide the most beautiful, and affordable, arrangements. Every penny from this annual fundraiser, and every other donation received, goes directly back into the ministry to provide things like insurance, helmets, craft supplies, horse session tools, and staff training.

FLOWER FUNDRAISER, page 2

FLOWER FUNDRAISER, cont'd...



EMBRACE equine ministry is both directed and operated by volunteers, which means—at this time—no one receives a paycheck. Just as we rely on the grace of God and the financial donations of the community, each volunteer depends on the donations of one another's time and resources to make sessions happen multiple times a week.

As a mobile ministry, staff travel more than 1,000 miles every month to provide services at our various locations. So far, in 2019, we've begun holding sessions three times a week, and we've partnered with Children's Village in Coeur d'Alene, Idaho to provide monthly sessions for the children in emergency foster care. All free of charge. All run entirely by volunteers who love sharing the love of Jesus.

We can't thank the community enough for your generous support during our flower basket fundraiser. In June we're hosting a horse day-camp fundraiser for children ages 7-12. If you know someone who'd like to participate—contact us! (see page 4)

If you'd like to know of ways you can help, check out our contact list (see page 4). If you'd like to make any future donations, you can do so on our website under the "Donate" tab or send us a check in the mail at <u>PO Box 313 Hayden</u>, <u>ID 83835</u>.

GOLDEN MOMENT

"The Wise Leading the Blind"



(R to L) Amy Mort, Gill, Shea and Nikki, 2019 © EMBRACE

Each month the Post will feature a favored photo from one of our many horse sessions.

JOIN US!

We are hosting a Faith-Based Equine Assisted Philosophies Certification Seminar this July!

It will be the only opportunity in the Pacific Northwest to receive this incredible certification. The founder of EAGALA and the O.K. Corral series, Greg Kersten, highly recommends Elaine Davis, founder of the FBEAP certification, for anyone who wants to do faith-based work with horses. The certification does not expire, no continuing education is required, and you get hands-on experience and direct counsel during this three-day seminar.

Interested? Visit www.unbridledfaith.org and click on Services and then Seminars to learn more and register!



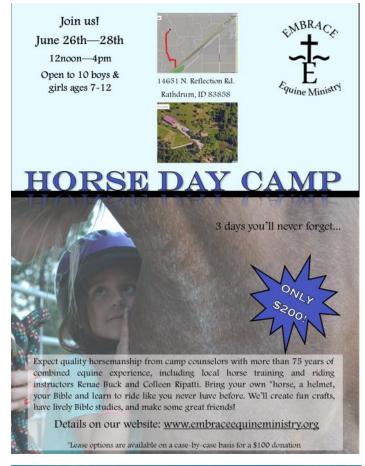


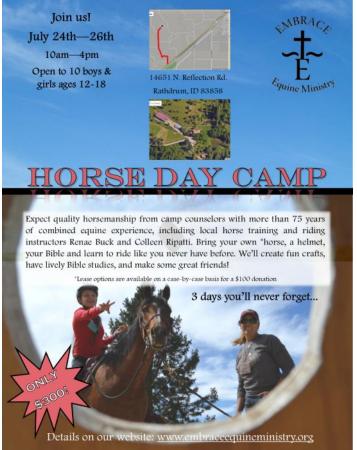
Karina, 2019 © EMBRACE

KARINA'S TESTIMONY

Karina is one of the staff at a youth drug rehabilitation facility who transports the girls to the EMBRACE sessions. While she hasn't gone through our program, has seen firsthand the impact of our program on those she's works with in recovery. Karina has also been able to connect with the EMBRACE staff while serving the girls.

"If you're having a stressful day a horse presence just makes you feel so much happier. You smile more. Also, there are amazing people here who are willing to help you with anything. They have the biggest hearts of anyone I have ever met."





TWO Horse Day Camp Fundraisers!

One day-camp is for children ages 7-12 in June, and one for youth ages 12-18 in July! The camps are excellent for both beginners and advanced riders. Simply go to our website to register!

All camp staff are volunteers, and proceeds from the camp will go toward future training opportunities for our staff in 2020!

If you have any questions contact our camp coordinator, Colleen Ripatti.

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BECOMING PARTNERS

Each month one of our staff will provide a horse training tip and reflection.

Many are the Choices | By Renae Buck

The choices we make in life determine our experience on a minute-by-minute, hour-by-hour, and day-by-day basis. During one of the "Choices" horse sessions, God reminded me that the way we choose to engage with the choices we make in life will determine the outcome of those choices. One of my girls made the choice to remain quiet, her energy low, and it was directly reflected in the demeanor of her horse.

My next session was entirely different! When given the freedom to choose what game or horsemanship exercise to engage in, my second rider immediately fixed her attention to one of the horsemanship exercises with eyes wide, smiling from ear to ear. Her energy, her focus, and her excitement motivated the horse to be fully engaged in the session, excited to try everything! The sleepy, lazy gelding in the last session was wide awake and ready to play in the second one.

It's the same in life. Our outlook, intention and attitudes profoundly affect everything around us. The choices we make are paramount. Just as the horse chose to listen to his or her rider, we each can have the opportunity to choose Jesus. When we do, our Lord is excited beyond our wildest imagination, because we were created to choose Him. He will not force us, but He gives us the opportunity and freedom of choice to come to Him and fulfill the purpose He has for us on this planet.

Training tip for the month:

Our energy, emotion and intention directly effects our horses in profound ways. I'm sure if you have been around horses much, whether in lessons, clinics, or trail rides with friends, you have heard the word "breathe." Breathing relaxes and brings strength to your body as a rider. Choosing to be intentional about our breathing patterns while riding is vital to our communication with our horse and our overall enjoyment and safety. When you hold your breath, your horse will too, and this brings tension to horse and rider! Choose to be intentional about your breathing! The things we choose to do as a rider profoundly affect our horses. Choosing soft feel through your hands, body, mind, and partnership with your horse promotes wellbeing, willingness and happiness between you and your horse.

Oh so many are the choices!